

Resources for families who have a member with Down syndrome

NATIONAL Support

Sibling Support

Sibling Support Project

www.siblingsupport.org

info@siblingsupport.org

425-362-6421

Emily Holl

National Down Syndrome Congress

www.ndscenter.org

info@ndscenter.org

800-232-6372

Tamara Pursley

National Down Syndrome Society

www.ndss.org

info@ndss.org

800-221-4602

Colleen Hatcher

STATEWIDE Support

Father's Support

Washington State Fathers Network

www.fathersnetwork.org

louis.mendoza@kindinger.org

425-653-4286

Louis Mendoza

Parent and Family Support

DadsMove

<http://dadsmove.org>

swilliams@dadsmove.org

253-394-4796

Stephen Williams

Exceptional Families Network

www.exceptionalfamilies.org

info@exceptionalfamilies.org

253-584-4336

Denise Walk

Families Together

www.familiestogether.org

annika@familiestogether.org

208-874-7891

Annika Willey

Family Voices of Washington

www.familyvoicesofwashington.com

pave@wapave.org

800-572-7368

Jill McCormick

Informing Families

www.informingfamilies.org

grier@ddc.wa.gov

800-634-4473

Grier Jewell

PAVE

<https://wapave.org/get-help>

pave@wapave.org

800-572-7368 ext.115

Jill McCormick

The Arc of Washington State

www.arcwa.org

info@arcwa.org

888-754-8798 ext.2

Jackie Thomason

Washington State Parent to Parent Programs (P2P)

www.arcwa.org/index.php/getsupport/parent_to_parent_p2p_programs

parent2parentwa@gmail.com

800-821-5927

Susan Atkins

WithinReach

www.parenthelp123.org

help@parenthelp123.org

Parent help hotline: 800-322-2588

Family Health Hotline

REGIONAL Support

Central Washington

Down Syndrome Association of the Mid-Columbia

www.dsamc.org

contact@dsamc.org

509-440-1889

Julie Gould

Down Syndrome Society of Grant County

www.dssgc.org

cbbuddywalk@gmail.com

509-855-2152

Kerry Aronsohn

Eastern Washington and Idaho

Down Syndrome Connections NW

www.dsconnectionsnw.org

info@dsconnectionsnw.org

877-733-3955

Megan Yen

Olympic Peninsula

Clallam Mosaic

www.clallamosaic.org

info@clallamosaic.org

360-681-8642

Catherine McKinney

Clallam Parent to Parent

www.clallamosaic.org/p2p/

shawnda.mosaic@gmail.com

360-406-1215

Shawnda Hicks

Puget Sound and Northwestern Region

Down Syndrome Association of Snohomish County

www.dsasc.org

info@dsasc.org

425-610-8226

Lori Schmieder

Down Syndrome Community of Puget Sound

www.downsyndromecommunity.org

contact@downsyndromecommunity.org

206-257-7191

Maura Dunn

Down Syndrome Outreach of Whatcom County

www.arcwhatcom.org/wp/programs/down-syndrome-outreach/

dso@arcwhatcom.org

360-715-0170 ext.304

Jessika Houston

Project Little Dude

www.projectlittledude.com

krissy@projectlittledude.com

360-483-6954

Krissy Eiben

South Puget Sound Up with Down Syndrome

www.southsoundupwithdowns.com

beccabrandt@msn.com

360-915-6276

Becca Brandt

UPSIDE (Down Syndrome Support Group of Kitsap County)

upsidepnw@gmail.com

360-434-8729

Julie Smoley

Whatcom Taking Action – Single Entry Access to Services (SEAS)

www.whatcomtakingaction.org

SEAS@appco.org

360-715-7485

Deirdra Brummer

Alexa, born with Down syndrome, working in the hospitality division of corporate Starbucks.

